



## Code of Conduct

Arnside Sailing Club is committed to providing a culture which is safe, welcoming, and inclusive for everyone who wishes to take part in our activities both on and off the water.

We expect everyone taking part in club activity, including members, volunteers, instructors, parents, people taking part in training courses, coming to clubhouse events or posting on club social media to show respect and understanding for each other.

As a club we aim to create an environment where everyone -

- Is treated with respect
- Free from discrimination, harassment, and victimisation
- Feels safe and supported when taking part in club activity
- Enjoys club activity however they wish to take part
- Where you can report concerns

**If you have any concerns**, please report to our Welfare Office

[welfare@arnsidesailingclub.gov.uk](mailto:welfare@arnsidesailingclub.gov.uk)

**Everyone taking part in club activity** should

- Respect the rights, dignity and worth of every person and treat everyone with respect. Treat others as you would expect to be treated yourself.
- Take care of club property including club craft leaving them in a condition you would like to find them, letting us know of any defects.
- Respect other people's property.
- Do not discriminate against anyone
- Do not behave in a way which causes offense or harm to others.
- Do not use language that may upset others, including banter
- Respect the rights of other people using the beach and estuary at Arnside, other users at Killington and our neighbours.
- Respect the natural environment

## Changing Guidance

- Give priority to families and children
- At Killington non-related adults should avoid being alone in the changing rooms at the same time as children. Parents are free to supervise their children in changing rooms, if they are the same sex.
- At Arnside avoid entering areas, such as the changing tent, caravan and garages if they are used by families, children or people of the opposite sex. (We have plans to provide new up to date proper changing facilities at Arnside).
- Use of cameras, mobile phones, bullying and teasing are not permitted in areas being used for changing,

**Instructors, Coaches, Activity Leaders and Volunteers** helping with sessions are expected to follow codes of conduct promote by RYA and Paddle UK

[RYA Code of Conduct for Instructors and Coaches](#)

[Paddle UK Code of Conduct for Instructors, Coaches and Leaders](#)

In particular

- Respect the rights, dignity and worth of every person and treat everyone equally within the context of their boating activity.
- Behave in a manner that is consistent with the values of the Club, particularly with regards equality, diversity, inclusivity and sustainability.
- Develop an appropriate working relationship with participants, based on mutual trust and respect.
- Consider the wellbeing and safety of participants before the development of performance.
- Ensure the safety of everyone involved,

## Parents/Carers –

- Support your child's involvement and help them to enjoy the sport. Celebrate success and be supportive when your child does not do as well as they had hoped
- Help ensure that they arrive on time, with the right kit, with food and drink if necessary. Let us know of any medical problems, if someone else is picking them up or any changes to your plans.
- Never force your child to take part in sport. Listen when they say they do not want to do something
- Help your child to recognise good performance, not just results. It is also about making new friends, getting exercise and learning life skills. Never punish or belittle a child for losing or making mistakes.

- Encourage your child to respect others. Set a good example by behaving in a positive way. Always use correct language. Celebrate the success of others.
- Respect the decisions of instructors, leaders and volunteers

Let us know of any concerns. We want to hear from you,

Publicly accept official's judgements.

- Use correct and proper language at all times.
- Set a good example by applauding good performances of all paddlers